



Effort to Increase Student Learning Interes through Spiritual Intelligence Values

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Abstract

The world of education as a center for forming good and quality human resources not only in terms of intelligence but emotionally and spiritually. The role of experts in the world of education is very important in the formation of quality human resources. The value of spiritual intelligence which is believed to be an intellectual and emotional balancer, builds life to be more meaningful and has psychological calm. Making students as individuals as well as possible, in all aspects, one of which is in the learning process. Interest in learning as one aspect of achieving good results. So in this study aims to examine efforts to increase students' interest in learning through the values of spiritual intelligence, with descriptive qualitative research on grade 3 students of MTs Darunna'im. Data collection through observation techniques, interviews and documentation is also supported by the results of analysis of primary and secondary data. Generating spiritual intelligence values possessed by students is very effective and influential in efforts to increase interest in learning.

Keywords: Interest in Learning, Value of Spiritual Intelligence

Introduction

The world of education that is increasingly developing refers to an increasingly diverse learning process, an era of technology that is increasingly rapidly supported by millennial human resources. The world of education which is the center for forming good and quality human resources is not only in terms of intelligence but emotionally and spiritually. Humans are bestowed as the most perfect creatures in creation, with all the gifts and potential they have. However, to form the potential and take advantage of the gifts that have been given by the creator, the important role of education is needed. (Jamarudin et al., 2019)

The role of experts in the world of education is very important in the formation of quality human resources. So it is important the process in it, which we often call the process of learning. Due to the interaction of various aspects of the learning process (Knoop-van Campen et al.,

2020). One's views related to learning will influence one's actions and each individual's intuition is different about learning. On the psychological aspect, changes in attitude as a result of social interaction in fulfilling their life needs are interpreted as a learning process, and changes will arise in behavior and can be defined as follows:

"A process of human effort to change a new behavior as a whole is learning. As a result of experience and social interaction.

Experts formulate that success in the learning process is influenced by many aspects both internally and externally. The internal aspect includes physical and psychological factors. Physical factors relate to physical conditions such as the five senses that exist in humans, while psychological factors involve non-physical factors, such as interest, motivation, talent and intelligence.(Sukendar et al., 2018)

According to some experts the value of spiritual intelligence is how a person is able to socialize (*flexibly*), has a good level of awareness, has the ability to face and overcome difficulties, fear, is reluctant to do something that is harmful and not useful. The value of Spiritual intelligence as belief in the divine, in which the process of measuring everything must be based on faith in the divine in order to obtain pleasure and inner peace, which is applied to every action based on the Qur'an that the Islamic religion calls for peace, safety and mercy to all creatures.(Knoop-van Campen et al., 2020)

Also supported by previous research related to the relationship of spiritual intelligence to learning achievement carried out by explaining the results of his research namely, student learning achievement has a good relationship with spiritual intelligence, and spiritual intelligence represents multiple intelligences and covers aspects of life. Because this spiritual intelligence is very fit to function as a cleansing of the soul and behavior.(Guardia et al., 2019)

With various previous studies, this study intends to observe related values contained in spiritual intelligence can foster interest in learning in grade 3 students of Mts Darunna'im. Learning achievement is obtained from the results of the learning process and the aspects in it. One of them is the aspect of the learning process, namely student interest in learning which encourages students to be able to understand learning material at school, so that they can produce good learning outcomes and are not threatened with staying in class.

Literatur review

Every human being has intelligence with different levels, one of which is spiritual intelligence which is often called spiritual intelligence. The values contained therein are scientifically new formulas, pointed out by Dannah Zohar and Ian Marshall, explaining spiritual intelligence as an intelligence to adjust life's actions to a richer and broader meaning. Every human being has 3 elements of intelligence, namely emotional, intellectual and spiritual intelligence. These three elements are interrelated and cannot be separated so that they are mutually sustainable, so among these three elements the expression emerges that the foundation needed to function IQ and EQ effectively is spiritual intelligence, so as to be able to synergize these three elements effectively.(Zohar & Marshall, 2000)

Apart from psychological health, there are other aspects that affect the success of learning, namely the interest in learning. Soeganda Poebakawatja and Harahap define that an active sense of volunteerism to accept something from outside. A persistent tendency to focus

and think on an activity. So in every activity requires interest, with human interest tirelessly achieve its goals. Because interest is a driving force for students to achieve a goal. With various studies that have been done before, the greater the student's learning interest, the greater the student's learning outcomes, and vice versa.(Harahap et al., 2019)

Research methods

The method used in this research is descriptive qualitative research, which in this type of research describes a phenomenon clearly and accurately according to the results of data analysis. The population of this study were the 3rd grade students of MTs Darunna'im and the sampling technique used was snowball sampling, which initially took a little time to take a long time. If the initial amount of data has not been fulfilled, then the subject gradually becomes a lot for the sake of fulfilling the data expected by the researcher.

Collecting data in this study using observation techniques, interviews and documentation. In this data analysis sourced from primary data and secondary data, data obtained directly by researchers in the field, and supported by secondary data, namely data on student learning outcomes.

Results

The research results obtained in this study through several techniques and sources from primary data and secondary data. Some spiritual intelligence values possessed by students as an aspect of increasing interest in learning are as follows:

1. Flexibility

Flexibility is the ability to adapt and work effectively in different situations, in terms of environment and social interaction. Students who are unable to adapt to the cottage environment, both in class and outside the classroom, find it difficult and tend to give up, resulting in a decrease in student interest in learning. However, on the other hand students who have good adaptation (*flexibility*) in the boarding school environment both in class and outside the classroom have the enthusiasm to achieve what is their goal, such as the ease of understanding a subject that their friends consider difficult and confusing, also supported by their learning outcomes. satisfactory or above average. Also supported by the results of interviews with several students, the majority of students agreed and expressed their intuition.(Anwar et al., 2019)

“When I started to enter and stay silent at the cottage, I often cried in class and in the dormitory, because it was difficult to adapt to the cottage environment. But as time went on I got used to it and got excited to gain knowledge in this boarding school”

2. Have high awareness

Students who excel tend to have a high level of awareness, they are aware of their initial goals and reasons for entering the boarding school, so that the difficulties they face do not reduce their interest in learning, they are even able to face and overcome the difficulties they are experiencing, so they don't interfere with their learning. their learning process and still maintain their interest in learning. On the other hand, students

who are low in self-awareness are easily carried away by negative prejudices, so that when students face a problem and find it difficult, students are unable to deal with it.

3. Ability to face and overcome difficulties

The ability to face and overcome a difficulty, we are often familiar with problem solving, in which the definition of problem solving is the intellectual ability to identify problems and then be able to solve the problem. In students who have good problem solving, they tend to easily adapt to the boarding school environment, and are easy to understand and memorize lessons, so that their interest in learning increases.

4. Stay away from harmful and useless things

Students who do not want and stay away from things that are harmful and useless tend to focus more on learning process activities so that these students have a high interest in learning, and conversely students who often commit actions that are detrimental to themselves such as being lazy to study during exam preparation, often skipping class and so on causes a decrease in interest in learning which causes the value of their learning outcomes to drop and threatens to leave the class.

The results of this study were obtained through observation, interview results and also supported by data sources.

Discussion

Spiritual intelligence according to Matsha Sinetar, is described in his book *spiritual intelligence* spiritual intelligence as a science that encourages a person to be inspired in appreciation of the divine. Spiritual intelligence that is useful for dealing with and overcoming a problem and placing the values of human life in a larger and broader meaning, this intelligence is for assessing that an action or a person's way of life is more meaningful than others. .. Therefore people will try to make good use of everything and not harm others. And always think from various sides, not just from one side with the readiness of all parts of the brain and heart.(Syukur et al., 2023)

Referring to the conceptual spiritual intelligence, it is very important to instill spiritual values in students as early as possible. it can grow well into him. The planting is expected to shape human resources into good human beings quality psychologically and psychologically, have a purpose in life Which clear as well as own spiritual values Which tall. These spiritual intelligence values become an important part of life because they can stabilize or balance our psyche, so that in life we have spiritual intelligence values as belief in the divine authority so as to provide peace and comfort for the soul. As expressed by some experts that the value of spiritual intelligence is how a person is able to socialize (*flexibility*), has a high level of awareness, has the ability to face and overcome difficulties, fear, feels reluctant to do things that are harmful and useless.(Samul, 2020)

So we can conclude that the value of spiritual intelligence is a value that is needed by every human being to achieve psychological calm and achieve a more meaningful meaning of life so that it is implicated in one's personality. Which in the application of spiritual values in everyday life will maintain human psychology and psychology. In the

results of a survey conducted by Bergin, there were 46% of respondents who were psychologists who stated that all approaches in their treatment used spiritual values.

In addition to the values of spiritual intelligence, students need to develop and utilize these values through education. The world of education is very influential and is expected to be able to provide solutions for students who have limitations and are unable to increase their interest in the learning process. Broadly in the world of education there is a learning process on students not only affects the school but is influenced by many aspects, one of which is the interest in learning that is owned by students at school.(Nurmaliyah et al., 2023)

Regarding the importance of students' interest in learning in the learning process, one effort to increase is through the value of spiritual intelligence, because the attachment to the values of spiritual intelligence possessed by each student can affect interest in learning, as the previous results explained, a deeper discussion is needed with previous research findings.

1. Flexibility

Flexibility is the ability to adapt and work effectively in different situations, in terms of environment and social interaction. This ability is included in the value of spiritual intelligence initiated by Danah Zohar. This intelligence value is considered effective in increasing student interest in learning, especially in the Islamic boarding school environment. Flexibility skills are considered effective in the learning process, especially in increasing learning interest, supported by previous studies strengthening Flexibility skills greatly affect learning outcomes.

2. Have high awareness

Self-awareness according to Goleman is knowing what we feel about something and using it to guide self-decision making, and having realistic benchmarks for self-ability and strong self-confidence. In the learning process having self-awareness is needed, because it supports to improve the weaknesses and strengths possessed by students. This self-awareness becomes a good and long-lasting internal motivation, and is the first and foremost thing to be someone who is proactive, then all his thoughts and actions tend to focus on achieving his life goals. So a student who has good self-awareness tends to have a good interest in learning.(Cama-Pinto et al., 2023)

3. Ability to face and overcome difficulties

The ability to face and overcome a difficulty, often known as problem solving. Problem solving is an intellectual ability in identifying problems and then being able to overcome the problem. In the learning process it is necessary to publish the understanding in solving problems in learning material, so that students are able to solve the problems they face. Because if students are unable to deal with their problems, excessive feelings of anxiety and anxiety arise, psychological anxiety can trigger emotional tension and worry about something that will happen. So the ability to face and overcome difficulties has an important role in increasing interest in learning so that good learning results are achieved. Supported by previous

research that the problem solving method can increase students' interest in learning in the learning process.(Franchini et al., 2023)

4. Stay away from harmful and useless things

Having thoughts of staying away from things that can be detrimental and useless can foster interest in learning in students, because interest in learning will disappear if someone does things that are detrimental to him. Things that are not useful will be self-defeating, especially in the learning process, because it will interfere with the focus on the learning process, according to the results of the study, a student who is reluctant to violate the discipline of the boarding school, they tend to be more focused and have an interest in learning, otherwise students who often violating discipline, their focus is divided and anxiety arises, and they don't feel comfortable at the boarding house so that their interest in studying for tolalbul ilmi at the sinah boarding school.(Obadire & Sinthumule, 2021)

Conclusion

As for the conclusions in this study, the values of spiritual intelligence are very important and need to be applied as early as possible, one of the values of spiritual intelligence is how students are able to socialize (Flexible), students *have* a high level of awareness, have the ability to face and overcome difficulties and fear , feel reluctant to do things that are harmful and not useful. Which values of Spiritual Intelligence affect individual students in their daily life and especially in the learning process activities, which causes a decrease in student interest in learning in grade 3 MTs Darunna'im, thus affecting student learning outcomes. So the value of spiritual intelligence in increasing student interest in learning is very effective.

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